

INTENSITY

DANCE TEAM



-No Regrets-

2017-2018 Schedule

August 28, 2017 – May 25, 2018

Price list and description under Teams/Classes tab of website
Schedule subject to change based upon team/class registration.

Monday

2:30-4:00 p.m.	IDT Black Team II (12-14 years old/1-3 years of training)
4:00-5:30 p.m.	IDT Gold Team II (9-11 years old/2-3 years of training)
5:30-6:30 p.m.	IDT Hip Hop Combo Class (8-14 years old/all levels)
6:30-7:30 p.m.	IDT Junior Tumbling (8-10 years old/all levels)
7:30 -8:30 p.m.	IDT Cheer/Pom Class (10-14 years old/all levels)

Tuesday

3:15-4:00 p.m.	IDT Creative Movement (3-6 years old)
4:00-5:00 p.m.	IDT Junior Team (6-9 years old/2-3 years of dance training)
5:00-6:30 p.m.	IDT Gold Team (9-12 years old/3-5 years of training)
6:30-8:00 p.m.	IDT Black Team (12-16 years old/3-5 years of training)
8:00-9:00 p.m.	IDT Senior Tumbling (10 and up/all levels)

Wednesday

9:00-10:00 a.m.	Adult Dance/Fitness Class (18+/all levels)
10:00-10:45 a.m.	IDT Creative Movement (3-6 years old)
3:30-4:30 p.m.	IDT Ballet Technique Level 3 (14 and up/all levels)
4:30-5:30 p.m.	IDT Ballet Technique Level 1 (6-9 years old/all levels)
5:30-6:30 p.m.	IDT Ballet Technique Level 2 (10-14 years old/all levels)
6:30-7:30 p.m.	IDT Junior Technique (8-11 years old/all levels)

Thursday

4:00-5:00 p.m.	IDT Junior Team II (6-8 years old/0-2 years of training)
5:00-6:30 p.m.	IDT Senior Team II (13 -17 years old/4-6 years of training)
6:30-7:30 p.m.	IDT Senior Technique (11 and up/all levels)
7:30-9:00 p.m.	September-January solo/private lessons Feb. - May Senior team (14-18 years old/6+ years of training)