

INTENSITY DANCE TEAM

Karissa Molen- Owner/Director

-No Regrets-



21 years of training in jazz, ballet, hip hop, contemporary
3 years member of Wasatch Dance Company
2 years member of WHS Cheer Squad
Junior Drill Mistress and Head Drill Mistress of
Championship WHS Waspettes 2008-2010
10 years of teaching experience
Member of UVU's Synergy Dance Company
2013 – 2015/ACDA National Finalist 2015
Bachelor of Fine Arts Degree in Dance
Graduated with Cum Laude Honors 2016
Intensity Dance Team awarded AOS Open Dance Nationals
Overall Grand Champion 2013, 2014, 2015, 2016

2017 Summer Dance Camps

Remember When Dance Was Fun?

Jazz Mini Camp for 1st-3rd graders

June 12th- June 14th 9:00 -10:30 a.m. OR June 26th – June 28th 10:30 a.m.-12:00 p.m. (\$50.00)

Jazz, Hip Hop, Character, Pom (Cheer) Routines

Junior Team

4th-6th Grade

(M-W) 6/12 - 6/14

or

(M-W) 7/10 - 7/12

10:30 a.m. - 1:30 p.m.

Technique workshop

3 classes each day

and a T-shirt

\$85.00



IDT
Intensity Dance Team



Senior Team

7th Grade -and up

(M-W) 6/5 - 6/7

or

(M-W) 7/17 -7/19

9:30 a.m. - 1:30 p.m.

Technique Workshop

4 classes each day

and a T-shirt

\$100.00

Karissa will coach them to increase precision, technique, and performance qualities in each style. Other UVU Dance Majors/B.F.A. degree guest choreographers will be assisting in their specialized genres.

This will be a positive experience for every dancer who will learn 3-4 new dances, receive video of choreography, performance opportunity, and first priority to reserve a place on the

IDT 2017 - 2018 National Championship Competition Teams.

Call/Text 435-503-1303 or email intensity_23@hotmail.com to register.

Space is limited and spots will fill up quickly! Let's Dance!!

www.intensitydanceteam.com

****All Camps Held at New IDT Studio: 155 N. Main St. Heber City, UT.****