



## 2026-2027 IDT Heber Studio Schedule

August 17, 2026 - May 22, 2027

\* Instructor Approval

\*\* Director Approval

All class descriptions on website: [www.intensitydanceteam.com](http://www.intensitydanceteam.com)

MONDAY	
Studio 1	Studio 2
2:30 - 4:00 PM <b>Black Team**</b> (12-18 yrs)	3:00-4:00 PM <b>Gold Team Tech.</b> (9-11 yrs)
4:00-5:15 PM <b>Gold Team**</b> (9-11 yrs)	4:00- 5:00 PM <b>Black Team Tech.</b> (12-18 yrs)
5:15-6:15 PM <b>Jr Hip Hop Team**</b> (7-11 yrs)	5:00-6:00 PM <b>Black Team Ballet</b> (12-18 yrs)
6:00-7:00 PM <b>Tik Tok Night</b> (11 + yrs)	6:00 -7:00 PM <b>Hip Hop 3</b> (10+)
7:15 - 8:15 PM <b>Halloween Project</b> (8-18)	

TUESDAY	
Studio 1	Studio 2
4:00-5:00 PM <b>Junior Team **</b> (9-12 yrs.)	4:00-5:00 PM <b>Gold Team Ballet*</b> (9-12 yrs)
5:00-6:30 PM <b>Gold Team Elite**</b> (9-12 yrs)	5:00-5:45 PM <b>Junior Team Technique*</b> (5-8 yrs)
6:30- 8:00PM <b>Hip Hop Team **</b> (12-17 yrs)	5:45-6:30 PM <b>Hip Hop Acro</b> (9-18 yrs)
	6:30-7:30 PM <b>Gold Elite Ballet*</b> (9-12 yrs.)

WEDNESDAY	
Studio 1	Studio 2
3:00-4:30 PM <b>Contemporary Team**</b> (12-18 yrs)	4:00-4:30 PM <b>Mini Ballet</b> (3-4 yrs)
4:30 -6:00 PM <b>Gold Elite Ballet*</b> (9-12 yrs)	4:30- 5:00 PM <b>Mini Team</b> (3-4 yrs)
6:00-7:00 PM <b>Jr. Contemporary Team*</b> (9-11)	5:00-5:45 PM <b>Junior Team Ballet</b> (5-8 yrs)

THURSDAY	
Studio 1	Studio 2
3:30 - 4:30 PM <b>Musical Theater**</b> (8-12 yrs)	3:30-5:00 PM <b>Adv. Elite Clogging</b> (11-16 yrs)
4:30- 5:30 PM <b>Gold Team Elite Rehearsal**</b> (9-12 yrs)	5:00-6:30 PM <b>Advanced Clogging</b> (11-14 yrs)
5:30-6:30 PM <b>Gold Team Elite Technique*</b> (9-12 yrs)	6:30-8:00 PM <b>Pro Clogging</b> (12-16 yrs)
6:30-7:30 PM <b>All Boys Hip Hop Team</b> (12 -14yrs)	

FRIDAY	
Studio 1	Studio 2
4:00-5:00 PM <b>Pom Team</b> (6-10 yrs)	4:00 - 4:45 p.m <b>Clogging 1 &amp; 2</b> (5-8 yrs)
5:00-6:00 PM <b>Hip Hop Combo</b> (9-14 yrs)	4:45- 5:30 PM <b>Mini Clog Club</b> (6-8 yrs)
6:00-7:00 PM <b>Strength and Conditioning</b> (9-16 yrs)	5:30-6:45 PM <b>Petite Clog Co.</b> (8-11 yrs)
	6:45-8:00 PM <b>Prep Clog Co.</b> (12 -14yrs)

SATURDAY	
9:00 - 9:30 a.m.	IDT Cheer 1 (3-4 yrs.)
9:30 - 10:00 a.m.	IDT Disney Comt (3-4 yrs)
10:00 - 10:30 a.m.	IDT Acro Level 1 (3-4 yrs.)
10:30 - 11:00 a.m.	IDT Hip Hop 1 (3-4 yrs.)

Discounts Available:	
Sibling Discounts (\$10.00/mo counts \$10.00/mo. per sibling)	
Multiple Class Discounts: (-\$10/mo. 2nd class, -\$15/mo. 3rd class, -\$20/mo. 4th class)	
Full Season prepaid tuition 5% discount (Paid by 8/15/2026)	
<i>Dynamic Schedule- Dependent upon enrollment</i>	
*Instructor Approval	Register Online: <a href="http://intensitydanceteam.com">intensitydanceteam.com</a>
**Director Approval	Dynamic Schedule-Based Upon Enrollment
90-minute classes \$85.00/mo.	
75- minute classes \$80.00/mo.	
60-minute classes \$70.00/mo.	
45-minute classes \$55.00/mo.	<b>Call 385-399-9889</b>
30-minute classes 40.00/mo.	