

INTENSITY

DANCE TEAM

-No Regrets-

IDT Vineyard Audition Bundles

For dancers auditioning for Drill Team, Dance Co., Cheer

Drill Team Audition Bundles (12-18)

Beg./Int. Levels (4 classes/3.5 hours/week)

\$180.00/mo.

IDT Sr Tumbling	Tue. 4:00-5:00 p.m.
IDT Sr. Technique	Th. 5:15 - 6:15 p.m.
IDT Beg/Int. Acro	Th. 6:15-7:00 p.m.
IDT Hip Hop 3	Th. 6:45 - 7:30 p.m.

Drill Team Audition Bundle (12-18)

Advanced Levels (4 classes/3.75 hours/week)

\$190.00/mo.

IDT Advanced Senior Technique	Tue. 4:00-5:00 p.m.
IDT Senior Turns	Tue. 5:00-6:00 p.m.
IDT Advanced Acro	Tue. 6:00-7:00 p.m.
IDT Hip Hop 4	Th. 7:00-7:45 p.m.

Dance Co. Audition Bundles (12-18)

Beg./Int. Levels (3 classes/2.5 hours/week)

\$125.00/mo.

IDT Sr Technique	Th. 5:15 - 6:15 p.m.
IDT Beg/Int. Acro	Th. 6:15-7:00 p.m.
IDT Hip Hop 3	Th. 6:45 - 7:30 p.m.

Dance Co. Audition Bundle (12-18)

Advanced Levels (5 classes/4.75 hours)

\$235.00/mo.

IDT Improv/Choreo	Mon. 6:15-7:15 p.m.
IDT Advanced Senior Technique	Tue. 4:00-5:00 p.m.
IDT Senior Turns	Tue. 5:00-6:00 p.m.
IDT Advanced Acro	Tue. 6:00-7:00 p.m.
IDT Hip Hop 4	Th. 7:00-7:45 p.m.

Cheer Try-Out Bundle (12-18 yr. olds)

Beg./Int. Levels (3 classes/2/25 hours/week)

\$135.00/mo.

IDT Sr Tumbling (10 & up)	Tue. 4:00-5:00 p.m.
IDT Cheer (9 & up)	Tue. 7:00-7:45 p.m.
IDT Private Lessons with Sofia G.	TBA (30 min./week)

Cheer Try-Out Bundle (9-12 yr. olds)

Beg./Int. Levels (3 classes/2.25 hours/week)

\$135.00/mo.

IDT Jr. Tumbling (5-9)	Tue. 5:00-6:00 p.m.
IDT Cheer (9 & up)	Tue. 7:00-7:45 p.m.
IDT Private Lessons with Sofia G	TBA (30 min/week)

Private Lessons

*Read IDT Staff bios (intensitydanceteam.com) and request private lessons with any of our amazing instructors!! (**\$65.00/hour**) Here are a few options:

Cheer:

Sofia Goodrich: IDT Vineyard Tumbling Director, UVU National Champion Cheerleader

Drill Team/Dance Co.:

AnaLynn Hudson- NDA Instructor, UVU Dance Team

Karissa Molen- IDT Owner/Exec. Director 10 years, All State Drill Team, Cheer, BFA Dance

Rylee Slater—Center Stage, Worked with professional dancers in US and Canada

Audrey Haskell- IDT Heber Tumbling Director, BYU 2x National Champion Cougarette