



2023-2024 Vineyard Studio Schedule

August 21, 2023 – May 24, 2024

*Instructor Approval

**Director Approval

All class descriptions on website: www.intensitydanceteam.com

MONDAYS		TUESDAYS	
Studio East	Studio West	Studio East	Studio West
3:30 - 4:45 p.m. IDT White Team** (9-11 yr. olds)	2:15-3:00 p.m. IDT Mini Team II** (2-5) 3:00- 3:30 p.m. IDT Creative Ballet (3-5 yr. olds)	3:15- 4:00pm IDT Gold Team Turns* (9-12)	9:30-10:00 a.m. IDT Ballet 1 (3-5 yr. olds) 10:00-10:30 a.m. IDT Hip Hop/Jazz (3-5 yr. olds)
4:45 - 5:30 p.m. IDT White/Gold Technique (9-11)	3:30 - 4:15 p.m. IDT Mini Team** (2-5 yr. olds)	4:00-5:00 p.m. IDT Adv. Senior Tech. (12 and up)	3:30-4:00 p.m. IDT Acro Level 1 (2-5 yr. old)
5:30 - 6:15 p.m. IDT Ballet 3 (9-12)	4:15 - 5:15 p.m. IDT Pointe Class* (12 and up)	5:00-6:00 p.m. IDT Senior Turns (12 and up)	4:00-5:00 p.m. IDT Acro Level 3 (10 & up)/skills
6:15 - 7:30 p.m. IDT Gold Team** (9-12)	5:15 - 6:15 p.m. IDT Ballet 5* (12 and up)	6:00-6:45 p.m. IDT Hip Hop 2 (6-8)	5:00-6:00 p.m. IDT Acro Level 2 (6-9/skills)
8:15 - 9:15 p.m. IDT Adult Class (Hip Hop)	6:15- 7:15 p.m. IDT Improv/Choreo (12&up)	6:45-7:30 p.m. IDT Jazz Combo 2 (6-8)	6:00-7:00 p.m. IDT Acro Level 4 (13 +Advanced/Skills)
*Instructor Approval **Director Approval	7:15-8:15 p.m. IDT Adult Class (Contemporary)		7:00-8:00 p.m. IDT Sr. Cheer Team** (10 & up) *Instructor Approval **Director Approval
WEDNESDAYS		THURSDAYS	
Studio East	Studio West	Studio East	Studio West
3:00- 4:15 p.m. IDT Contemporary Team** (12 and up)	3:15 -4:15 p.m. IDT Junior Team II** (6-8)	3:00-3:45 p.m. IDT Ballet 4 (12-16 yr. olds)	3:30-5:00 p.m. IDT Black Team II** (12-16 yr. olds)
4:15 -5:30 p.m. IDT Senior Team** (12-18 yrs. old)	4:15 - 5:00 p.m. IDT Junior Team Tech. (6-8)	3:45 - 5:15 p.m. IDT Black Team** (12 -17 yr olds)	5:15- 6:15 p.m. IDT Sr/Black Team Tech. (12-16 yr. olds)
5:30 - 6:45 p.m. IDT Hip Hop Team** (12 & Up)	5:00-5:45 p.m. IDT Ballet 2 (6-8)	5:15 -6:15 p.m. IDT Jr.Hip Hop Team** (9-12)	5:15- 6:15 p.m. IDT Sr/Black Team Tech. (12-16 yr. olds)
6:45-7:30 p.m. IDT All Guys Hip Hop (10-15))	5:45 - 6:45 p.m. IDT Junior Team** (6-8)	6:15 - 7:15 p.m. IDT Jr. Contemporary Team** (9-12)	6:15-7:00 p.m. IDT Hip Hop Acro 2 (9 and up)
8:00 - 9:00 p.m. IDT Adult Class (Ladies' Night Combo Class)	6:45 - 7:30 p.m. IDT Jr. Cheer Team** (6-8)	7:15- 8:00 p.m. IDT Black Team II Ballet (11-14)	7:00-8:00 p.m. IDT Hip Hop 4 (11 and up)
	*Instructor Approval **Director Approval		*Instructor Approval **Director Approval
FRIDAYS		SATURDAY	
Studio East	Studio West	Studio East	Studio West
3:45 4:45 p.m. IDT Junior Hip Hop Team 2** (6-8)	4:00-4:30 p.m. Intro to Hip Hop (2-5)	9:00 - 9:30 a.m. IDT Cheer 1 (3-6 yr. olds)	9:30 - 10:00 a.m. IDT Disney Combo (2-5 yr olds)
4:45-5:45 p.m. IDT All Boys Hip Hop (7-10)	4:30-5:00 p.m. Disney Combo Class (2-5)	9:30 - 10:30 a.m. IDT Halloween Video Project (6 week session 9/16-10/21)	10:00 - 10:30 a.m. IDT Tumbling 1 (2-5)
	5:00-5:30 p.m. Intro to Ballet/Jazz Combo Class (6-8)	10:30-11:00 a.m. IDT Hip Hop 1 (2-5 yr. olds)	11:00 a.m.-12:00 p.m. IDT Acro 2 (6-9 yr. olds/skills)
*Instructor Approval **Director Approval			*Saturday Errand Bundle* Drop kids off while you run errands-3 classes + snacks \$85.00/mo. 4 classes + snacks \$105.00/mo.

Dynamic Schedule- Dependent upon enrollment.

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Sibling Discounts (-\$5.00/sibling)

Multiple Class Discounts (-\$10/mo. 2nd class, -\$15/mo. 3rd class, -\$20/mo. 4th class)

IDT Adult Dance Class Pass \$50.00 (All Adult Dance Classes)

Full Season prepaid tuition 5% discount

90 minute classes \$78.00/mo.

60 minute classes 68.00/mo.

45 minute classes \$55.00/mo.

30 minute classes \$42.00/mo.

Call 435-503-1303 with any questions.

Register at: www.intensitydanceteam.com

ADULT DANCE CLASSES

\$50/mo. Dance Pass Includes ALL Adult Dance Classes

Mondays

7:15-8:15 p.m. IDT Contemporary (\$30/mo.)
8:15 - 9:15 p.m. IDT Hip Hop (\$30/mo.)

Wednesdays

8:00 - 9:00 p.m. IDT Ladies' Night Combo (\$30/mo.)

Thursdays

8:00-9:00 p.m. Upbeat Barre (\$15/mo.)