

INTENSITY

DANCE TEAM

-No Regrets-

2023-2024 IDT Vineyard Teams/Classes

Ages 12 and up

MONDAYS

4:15 - 5:00 p.m. IDT Ballet 5*
(12 and up)
5:15 - 6:15 p.m. IDT Pointe Class*
(12 and up)
6:15 - 7:15 p.m. IDT Improv/Choreography
(12 and up)

TUESDAYS

4:00-5:00 p.m. IDT Acro Level 3
(10 and up)
4:00-5:00 p.m. IDT Adv. Senior Tech.
(12 and up)
5:00-6:00 p.m. IDT Senior Turns
(12 and up)
6:00-7:00 p.m. IDT Acro Level 4
(12 and up)
7:00-8:00 p.m. IDT Senior Cheer Team**
(9 and up)

WEDNESDAYS

3:00-4:15 p.m. IDT Contemporary Team**
(12 and up)
4:15 -5:30 p.m. IDT Senior Team**
(14 and up)
5:30 -6:45 p.m. IDT Sr. Hip Hop Team**
(14 and up)

THURSDAYS

3:00-3:45 p.m. IDT Ballet 4
(12-16)
3:45 - 5:15 p.m. Private Lessons
(12-17)
3:30-5:00 p.m. IDT Black Team**
(12-16)
5:15- 6:15 p.m. IDT Black Team Technique
(12-16)
6:15- 7:00 p.m. IDT Hip Hop Acro
(9 and up)
7:15 - 8:00 p.m. IDT Black Team Ballet
(12-14)

FRIDAYS

4:45-5:30 p.m. IDT Hip Hop 3
(11-15)

Dynamic Schedule- Dependent upon enrollment.

**Instructor Approval*

***Director Approval*

Sibling Discounts (-\$5.00/sibling)

Multiple Class Discounts (-\$10/mo. 2nd class, -\$15/mo. 3rd class, -\$20/mo. 4th class)

Ask for Bundle Pricing

90- minute classes \$78.00/mo.

60- minute classes \$68.00/mo.

45- minute classes \$58.00/mo.

30- minute classes \$42.00/mo.

Full Season Pre-payment 5% discount

Call 435-503-1303 with any questions.

Register at: www.intensitydanceteam.com