INTENSITY DANCE TEAM VINEYARD

2024 Vineyard Studio Schedule
August 21, 2023 –May 24, 2024
*Instructor Approval
**Director Approval
All class descriptions on website: www.intensitydanceteam.com

MONDAYS

Studio East		Studio West	
3:30 – 4:45 p.m.	IDT White Team** (9-11 yr. olds)	2:45- 3:30 p.m.	IDT Creative Ballet (3-5 yr. olds)
4:45 – 5:30 p.m.	IDT White/Gold Technique (9-11)	3:30 – 4:15 p.m.	IDT Mini Team** (2-5 yr. olds)
5:30 – 6:15 p.m.	IDT Ballet 3 (9-12)	4:15 – 5:15 p.m.	IDT Pointe Class* (12 and up)
6:15 – 7:30 p.m.	IDT Gold Team** (9-12)	5:15 – 6:15 p.m.	IDT Ballet 5* (12 and up))
8:15 – 9:15 p.m.	IDT Adult Class (Hip Hop)	6:15- 7:15 p.m.	IDT Improv/Choreo (12&up)

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TUESDAYS

Studio East		Studio West	
9:00-10:00 a.m. IDT 50+ Dance/Fitness		9:30-10:00 a.m.	IDT Ballet 1 (3-5 yr. olds)
		10:00-10:30 a.m.	IDT Hip Hop/Jazz (3-5 yr. olds)
3:15`4:00pm	IDT White/Gold Team Turns* (9-12)	3:30-4:00 p.m.	IDT Acro Level 1 (2-5 yr. old)
4:00-5:00 p.m.	IDT Adv. Senior Tech. (12 and up)	4:00-5:00 p.m.	IDT Acro Level 3 (10 & up)/skills)
5:00-6:00 p.m.	IDT Senior Turns (12 and up)	5:00-6:00 p.m.	IDT Jr. Cheer Team (6-9)
6:00–6:45 p.m.	IDT Hip Hop 2 (6-8)	6:00-7:00 p.m.	IDT Acro Level 4 (13 +Advanced/Skills)
6:45-7:30 p.m.	IDT Jazz Combo 2 (6-8)	7:00-8:00 p.m.	IDT Sr. Cheer Team** (10 &up)
7:30-8:30 a.m.	IDT 50+ Dance/Fitness		

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WEDNESDAYS

Studio East		Studio West	
		3:15 -4:15 p.m.	IDT Junior Team II** ((6-8)
3:00- 4:15 p.m.	IDT Senior Team** (12 and up)	4:15 – 5:00 p.m	IDT Junior Team Tech. (6-8)
4:15 -5:30 p.m.	IDT Contemporary Team** (12-18 yrs. old)	5:00-5:45 p.m.	IDT Ballet 2 (6-8)
5:30 – 6:45 p.m.	IDT Hip Hop Team** (12 & Up)	5:45 – 6:45 p.m.	IDT Junior Team ** (6-8)
6:45-7:30 p.m.	IDT All Guys Hip Hop (10-15)	6:45 – 8:00 p.m.	Private Lessons
8:00 – 9:00 p.m.	IDT Adult Class (Ladies' Night Combo Class)		

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THURSDAYS

Studio East		Studio West	
9:00-10:00 a.m.	IDT 50+ Dance/Fitness		
3:00-3:45 p.m.	IDT Ballet 4 (12-16 yr. olds)	3:30-5:00 p.m.	IDT Black Team** (12-16 yr. olds)
3:45 – 5:15 p.m.	Private Lessons (12 -17 yr olds)	515- 6:15 p.m.	IDT Sr/Black Team Tech. (12-16 yr. olds)
5:15 -6:15 p.m.	IDT Jr.Hip Hop Team ** (9-12))	6:15-7:00 p.m.	IDT Hip Hop Acro 2 (9 and up)
6:15 – 7:15 p.m.	IDT Jr. Contemporary Team** (9-12)	7:00-8:00 p.m.	Private Lessons (11 and up)
7:15– 8:00 p.m.	IDT Black Team II Ballet (11-14)		

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FRIDAYS

Studio East		Studio West	
3:45 4:45 p.m.	IDT Junior Hip Hop Team 2** (6-8)	4:00-4:30 p.m.	Intro to Hip Hop 1 (2-5)
4:45-5:30 p.m.	IDT Hip Hop 3 (10-14))	4:30-5:00 p.m.	Intro to Jazz/Disney Combo (2-5)
		5:00-5;30 p.m.	Intro to Ballet/Jazz Combo Class (6-8)

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SATURDAY

Studio East	Studio West	
9:00-11:30 Private Lessons	9:00 - 9:30 a.m.	IDT Cheer 1 (3-6 yr. olds)
	9:30 - 10:00 a.m.	IDT Disney Combo (2-5 yr olds)
	10:00 - 10:30 a.m.	IDT Tumbling 1 (2-5)
	10:30-11:00 a.m	IDT Hip Hop 1 (2-5 yr. olds)
	11:00 a.m.–12:00 p.m.	IDT Acro 2 (6-9 yr. olds/skills)

Saturday Errand Bundle Drop kids off while you run errands-3 classes + snacks $75.00/mo.
4 classes + snacks $95.00/mo.

Dynamic Schedule- Dependent upon enrollment.
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Sibling Discounts (-$5.00/sibling)
Multiple Class Discounts (-$10/mo. 2nd class, -$15/mo. 3rd class, -$20/mo. 4th class)
IDT Adult Dance Class Pass $50.00 (All Adult Dance Classes)
Full Season prepaid tuition 5% discount
Quarterly Payments
90-minute classes $78.00/mo.
75- minute classes $73.00/mo.
60-minute classes 68.00/mo.
45-minute classes $58.00/mo.
30-minute classes $35.00/mo.
Call 435-503-1303 with any questions.
Register at: www.intensitydanceteam.com

ADULT DANCE CLASSES
$50/mo. Dance Pass Includes ALL Adult Dance Classes

Mondays
7:15-8:15 p.m.	IDT Contemporary ($30 mo.)
8:15 – 9:15 p.m.	IDT Hip Hop ($30/mo.)

Wednesdays
8:00 – 9:00 p.m.	IDT Ladies' Night Combo ($30/mo.)

*50+ Classes twice/week $50.00/mo.
$10.00/drop in for each adult class